

GLUTEN-FREE MENU SUGGESTIONS:

We're delighted to offer these suggestions. This menu and the information on it are provided as a service to our customers with the express statement that we cannot guarantee to any persons with Celiac Disease or gluten-intolerance, that no gluten will inadvertently be contained in these dishes. Our kitchen does not have a dedicated gluten-free area. It is not possible to completely avoid cross-contamination or unintentional inclusion of gluten into dishes that are intended to not have it. For example we do not have a dedicated gluten-free fryer.

Our staff is not trained nor qualified to give you advice as to how to eat gluten-free and any liability for issues arising from these suggestions is denied expressly. To the best of our information, these dishes do not deliberately contain gluten and we will do our best to prepare them so they do not. Your dietary decisions should be made without reliance on these suggestions, as they are only guidelines to add to your information, not to replace your own individual decisions. Consult a licensed dietician or your medical advisor for more information.

These suggested items are either items that naturally are gluten-free or made with gluten-free substitutions available from our wholesalers for bread, pasta, pizza dough or beer.

PASTA - Gluten-free pasta comes in either penne or spaghetti form at no extra charge on these pastas: Black Fettuccine with Lobster, Capellini di Mare, Angel Hair with Chicken, Baked Ziti, Rigatoni Bolognese, Spaghetti with Meat Sauce, Fettuccine Alfredo and Fettuccine Primavera with no fried eggplant. Our alfredo sauce normally contains an ingredient that contains gluten but we will make a gluten-free sauce from scratch for you if request but it requires a \$2 charge, as it is made with more heavy cream and a separate preparation.

PIZZA - Pizzas are only available in the 6" and 10" sizes because the crusts are pre-made by the wholesaler in those sizes only. The 6" is \$1 more than our regular 7" size, because the crust is so much more expensive. The 10" is \$1 more than our regular 10" pizza.

SANDWICHES - The gluten-free bread is available at no extra charge on these sandwiches: Fried Egg Sandwich, Burgers, Sliders, Chicken Cordon Bleu, and all Panini's except the Steak and Gorgonzola. It is smaller than our regular size bread so the sandwiches are smaller.

DINNER ROLLS - Our gluten-free rolls are also available in place of the free bread we provide before your meal, at a charge of \$1 per roll, which is below our cost. They are \$2 apiece when ordered without food.

SALADS - All of our Signature Salads (if we leave off the croutons) are gluten-free except the Crab Cakes Caesar. All dressings are gluten-free. Salads are: Pear and Walnut (with fried Brie deleted); Vegetable Delight (without the fried eggplant); Tuscan (with gorgonzola substituted out); Spinach and Goat Cheese; Cedar Salmon; Dinner; and Caesar.

DESSERTS - The Crème Brulee and Vanilla Bean ice cream desserts are the only gluten-free ones. We will make gluten-free cupcakes for special order, at a minimum of a dozen.

ENTREES - Main Dishes that are gluten-free are: Pot Roast, without the gravy; Chicken Balsamico; Cajun Tilapia, Cedar Plank Salmon; Parmesan Crusted Flat Iron Steak.

APPETIZERS - Chips and Salsa con Queso and Buffalo Wings.

SIDE DISHES - All except the Beer-batter French Fries are gluten-free, as long as you leave off the croutons from the side salad.

BEER AND WINE - Gluten-free beer is sorghum beer from Redbridge. I'm told all wine is gluten-free, thank God!

